

Pizza Power Kids - Nutrition information

Cheese and tomato 15" x 11" slab

Nutritionals per 100g

As at 07 July 2015

Product weight = 800g (Recommended 8 portions)



Pizza Power Kids comparison to the Scottish School Nutrition Guidelines

Source: <http://www.gov.scot/Publications/2008/09/12090355/3>

	Primary Schools	Pizza Power Kids	
	Targets	Amount per 100g portion	
Energy (kcal)	557	216	39%
Energy (kJ)	2328	912	39%
Total Fat (g)	Not more than 21.7	5.9	27%
Saturated Fat (g)	Not more than 6.8	3.1	46%
Total Carbs (g)	Not less than 74.3	33.4	45%
Sugars (g)	Not more than 16.3	1.6	10%
Fibre (g)	Not less than 4.5	3.4	76%
Protein (g)	Not less than 8.5	9.9	116%
Iron (mg)	Not less than 3	1.1	37%
Calcium (mg)	Not less than 165	164.2	100%
Vitamin A (mcg)	Not less than 150	58.2	39%
Vitamin C (mg)	Not less than 9	5.9	66%
Folate (mcg)	Not less than 45	39	87%
Sodium (mg)	Not more than 686	205.92	30%
Zinc (mg)	Not less than 2.1	1.2	57%

	Secondary	Pizza Power Kids	
	Targets	Amount per 100g portion	
	664	216	33%
	2776	912	33%
Not more than	25.8	5.9	23%
Not more than	8.1	3.1	38%
Not less than	88.5	33.4	38%
Not more than	19.5	1.6	8%
Not less than	5.3	3.4	64%
Not less than	13.6	9.9	73%
Not less than	4.4	1.1	25%
Not less than	300	164.2	55%
Not less than	187	58.2	31%
Not less than	11	5.9	54%
Not less than	60	39	65%
Not more than	824	205.92	25%
Not less than	2.8	1.2	43%

Allergen information: Contains gluten (wheat) and milk (cheese).

